

COLOR BELT LEVEL 1 TESTING CHART

Quality	Skill	White	Orange	Yellow
Form	Poomsae	Demonstrate with count Il Jang	Demonstrate from memory without Count Ee Jang	Demonstrate with eyes closed and any direction. Sahm Jang
	Traditional Hand Techs: (H1) High, Middle, Low Block Punch, Back Fist, Knife Hands Strike	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K1) Front Inside Outside Round Side	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and reverse jumping (bondai) version
Falling	Take Downs: Tumbling at All Levels #1- Arm Inside Outer Reap #2- Arm Outside Outer Reap	Demonstrate from Strong Side 1,2	Demonstrate from Weak Side 1,2	Demonstrate from Both Sides 1,2
Fighting	HSS/SCAT 1-6 1-3	1,2 1	3,4 2	5,6 3
	Sparring Sets	1,2,3	4,5,6	7,8,9
	Sparring			
Flexibility				
Strength	Breaking	Front Kick	Side Kick	Round Kick

COLOR BELT LEVEL 2 TESTING CHART

Quality	Skill	Green	Purple	Blue
Form	Poomsae	Demonstrate with count Sah Jang	Demonstrate from memory without Count Sah Jang	Demonstrate with eyes closed and any direction. Oh Jang
	Traditional Hand Techs: (H2) Double Knife Blocks C-Block Spear Hand Strike, Ridge Hand Strike, Elbow Strike	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K2) 1. Back Kick 2. Back Hook Kick	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and 180° jumping version
Falling	Take Downs: #3- Arm High Back Trip #4 - Arm Low Back Trip	Demonstrate from Strong Side 1-4	Demonstrate from Weak Side 1-4	Demonstrate from Both Sides 1-4
Fighting	HSS/SCAT	7,8 4	9,10 5	11,12 6
	Sparring Sets	10,11,12	13,14,15	16,17,18
	Sparring			
Flexibility				
Strength	Breaking	Back Kick	Back Hook Kick	Jumping Back Kick or Jumping Back Hook Kick

COLOR BELT LEVEL 3 TESTING CHART

Quality	Skill	Brown	Red	Black Belt Candidate (IDB)
Form	Poomsae	Demonstrate with count Independent Yook Jang	Demonstrate from memory without Count Chil Jang	Demonstrate with eyes closed and any direction. Pal Jang
	Traditional Hand Techs: (H3) High X Block, Low X Block	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K3) 1. Double Front 2. Double Round 3. 360 Back 4. 360 Back Hook 5. Narabam/Tornado	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and reverse jumping (bondai) version
Falling	Take Downs: #5 Arm Outside Hip Throw #6 Arm Inside Hip Throw	Demonstrate from Strong Side 1-6	Demonstrate from Weak Side 1-6	Demonstrate from Both Sides 1-6
Fighting	HSS/SCAT	13,14 7	15,16 8	17,18,19,20 9,10
	Sparring Sets	19,21,21	22,23,24	25,26,27
	Sparring			
Flexibility				
Strength	Breaking	180 Back Kick	180 Back Hook Kick	Narabam/Tornado or Fly Side

1st Dan Black Belt to 2nd Dan Black Belt Testing Requirements

1^o to 2^o LEVEL 1 TESTING CHART

Quality	Skill	White	Orange	Yellow
Form	Poomsae	Koryo	Chon Ji	Dan Gun
All Blocks are to be done with "advanced" timing	Traditional Hand Techs: (H1) High, Middle, Low Block Punch, Back Fist, Knife Hands Strike	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K1) Front Inside Outside Round Side	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and reverse jumping (bondai) version
Falling	Take Downs: Tumbling at All Levels #1- Arm Inside Outer Reap #2- Arm Outside Outer Reap	Demonstrate from Strong Side with 3 Steps 1,2	Demonstrate from Weak Side 1,2 with 3 Steps	Demonstrate from Both Sides 1,2 with 3 Steps
Fighting	HSS/SCAT	21,22 1abcd, 11	23,24 2abcd, 12	25,26 3abcd, 13
	Gumdo	Kebon (solo) Preempt Right Hit Crown	Kebon (w/ partner) Preempt Right Hit Crown	Kebon (any direction) Preempt Right Hit Crown
	Sparring Sets	1,2,3	4,5,6	7,8,9
	Sparring			
Flexibility				
Strength	Breaking 2 boards	Front Kick	Side Kick	Straight Punch, Outside Knife, or Round Kick

1^o to 2^o LEVEL 2 TESTING CHART

Quality	Skill	Green	Purple	Blue
Form	Poomsae	Koryo	Do San	Won Hyo
All Blocks are to be done with "advanced" timing	Traditional Hand Techs: (H2) Double Knife Blocks C-Block Spear Hand Strike, Ridge Hand Strike, Elbow Strike	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K2) 1. Back Kick 2. Back Hook Kick	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and 180° jumping version
Falling	Take Downs: #3- Arm High Back Trip #4 - Arm Low Back Trip	Demonstrate from Strong Side 1-4 with 3 Steps	Demonstrate from Weak Side 1-4 with 3 Steps	Demonstrate from Both Sides 1-4 with 3 Steps
Fighting	HSS/SCAT	27,28 4abcd, 14	29,30 5abcd, 15	31,32 6abcd, 16
	Gumdo	Hanna (solo)	Hanna (w/partner)	Hanna (any direction)
	Sparring Sets	10,11,12	13,14,15	16,17,18
	Free Sparring			
Flexibility				
Strength	Breaking 2-Boards	Back Kick	Spin Hammer Fist or Back Hook Kick	Inside Knife hand Strike or Jumping Back Kick or Jumping Back Hook Kick

1^o to 2^o LEVEL 3 TESTING CHART

Quality	Skill	Brown	Red	2nd Dan Candidate (EDB)
Form	Poomsae	Yul Gok	Choon Gun	Keum Gang
All Blocks are to be done with "advanced" timing	Traditional Hand Techs: (H3) High X Block, Low X Block	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K3) 1. Double Front 2. Double Round 3. 360 Back 4. 360 Back Hook 5. Narabam/Tornado	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and reverse jumping (bondai) version
Falling	Take Downs: #5 Arm Outside Hip Throw #6 Arm Inside Hip Throw	Demonstrate from Strong Side with 3 Steps 1-6	Demonstrate from Weak Side with 3 Steps 1-6	Demonstrate from Both Sides with 3 Steps 1-6
Fighting	HSS/SCAT	33,34 7abcd, 17	35,36 8abcd, 18	37-40 9,10abcd, 19,20
	Gumdo	Duel (solo)	Duel (w/partner)	Duel(any Direction)
	Sparring Sets	19,21,21	22,23,24	25,26,27
	Sparring			
Flexibility				
Strength	Breaking 2 Boards	Outside Knife, Horizontal Elbow, or 180 Back Kick	Front (upward) elbow Strike or 180 Back Hook Kick	Down Block, Inside Knife, or Narabam/Tornado or Fly Side

2nd Dan Black Belt to 3rd Dan Black Belt Testing Requirements

2^o to 3^o LEVEL 1 TESTING CHART

Quality	Skill	White	Orange	Yellow
Form	Poomsae	Tae Baek	Chul Gi Il Dan	Toi Gye
All Blocks are to be done with "advanced" timing	Traditional Hand Techs: (H1) High, Middle, Low Block Punch, Back Fist, Knife Hands Strike	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K1) Front Inside Outside Round Side	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and reverse jumping (bondai) version
Falling	Take Downs: Tumbling at All Levels	1 to 6 Combo	2 to 3 combo	1 to 4 combo
Fighting	HAPKIDO/SCAT (w/ double attack)	1, 2 1abcd, 11	3,4 2abcd, 12	5,6 3abcd, 13
	Gohapdo (wood)	1	2	3
	Sparring Sets	1,2,3	4,5,6	7,8,9
	Sparring			
Flexibility				
Strength	Breaking 3 boards	Front Kick	Side Kick	Round Kick

2^o to 3^o LEVEL 2 TESTING CHART

Quality	Skill	Green	Purple	Blue
Form	Poomsae	Tae Baek	Hwarang	Chul Gi Il Dan
All Blocks are to be done with "advanced" timing	Traditional Hand Techs: (H2) Double Knife Blocks C-Block Spear Hand Strike, Ridge Hand Strike, Elbow Strike	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K2) 1. Back Kick 2. Back Hook Kick	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and 180° jumping version
Falling	Take Downs:	6 to 4 combo	3 to 6 combo	4 to 6 combo
Fighting	HAPKIDO/SCAT (w/ double attack)	7,8 4abcd, 14	9,10 5abcd, 15	11,12 6abcd, 16
	Go Hap Do (wood)	4	5	6
	Sparring Sets	10,11,12	13,14,15	16,17,18
	Free Sparring			
Flexibility				
Strength	Breaking 3-Boards	Back Kick	Back Hook Kick	Jumping Back Kick or Jumping Back Hook Kick

2^o to 3^o LEVEL 3 TESTING CHART

Quality	Skill	Brown	Red	3rd Dan Candidate (Sahm DB)
Form	Poomsae	Tae Baek	Choong Moo	Chul Gi Il Dan
All Blocks are to be done with "advanced" timing	Traditional Hand Techs: (H3) High X Block, Low X Block	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K3) 1. Double Front 2. Double Round 3. 360 Back 4. 360 Back Hook 5. Narabam/Tornado	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and reverse jumping (bondai) version
Falling	Take Downs:	5 to 4 combo	6 to 1 combo	6 to 3 combo
Fighting	HAPKIDO/SCAT (w/ double attack)	13,14 7abcd, 17	15,16 8abcd, 18	17,18,19,20 9,10abcd, 19,20
	Gohapdo (wood)	7	8	9,10
	Sparring Sets	19,21,21	22,23,24	25,26,27
	Sparring			
Flexibility				
Strength	Breaking 3 Boards	180 Back Kick	180 Back Hook Kick	Narabam/Tornado or Fly Side

3rd Dan Black Belt to 4th Dan Black Belt Testing Requirements

3^o to 4^o LEVEL 1 TESTING CHART

Quality	Skill	White	Orange	Yellow
Form	Poomsae	Pyong Won	Chul Gi Ee Dan	Kwang Gae
All Blocks are to be done with "advanced" timing	Traditional Hand Techs: (H1) High, Middle, Low Block Punch, Back Fist, Knife Hands Strike	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K1) Front Inside Outside Round Side	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and reverse jumping (bondai) version
Falling	Take Downs: Tumbling at All Levels	Scat 1 with all Takedowns	Scat 2 with all takedowns	Scat 3 with all takedowns
Fighting	HAPKIDO/SCAT (w/double attack)	Low Sleeve 1, 2,3 1abcd, 11	Low Sleeve 4,5 2abcd, 12	Mid Sleeve 1,2 3abcd, 13
	Gohapdo (metal)	1	2	3
	Sparring Sets	1,2,3	4,5,6	7,8,9
	One Step Sparring	1	2	3
Flexibility				
Strength	Breaking 4 boards	Front Kick	Side Kick	Round Kick

3^o to 4^o LEVEL 2 TESTING CHART

Quality	Skill	Green	Purple	Blue
Form	Poomsae	Pyong Won	Chul Gi Ee Dan	Po Eun
All Blocks are to be done with "advanced" timing	Traditional Hand Techs: (H2) Double Knife Blocks C-Block Spear Hand Strike, Ridge Hand Strike, Elbow Strike	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K2) 1. Back Kick 2. Back Hook Kick	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and 180° jumping version
Falling	Take Downs:	Scat 4 with all takedowns	Scat 5 with all takedowns	Scat 6 with all takedowns
Fighting	HAPKIDO/SCAT (w/double attack)	Mid Sleeve 3,4,5 4abcd, 14	High Sleeve/Collar 1,2 5abcd, 15	High Sleeve Collar 3,4,5 6abcd, 16
	Go Hap Do (metal)	4	5	6
	Sparring Sets	10,11,12	13,14,15	16,17,18
	One Step Sparring	4	5	6
Flexibility				
Strength	Breaking 4-Boards	Back Kick	Back Hook Kick	Jumping Back Kick or Jumping Back Hook Kick

3^o to 4^o LEVEL 3 TESTING CHART

Quality	Skill	Brown	Red	4th Dan Candidate (Sah DB)
Form	Poomsae	Sip Jin	Chul Gi Ee Dan	Kae Baek
All Blocks are to be done with "advanced" timing	Traditional Hand Techs: (H3) High X Block, Low X Block	Demonstrate from Riding horse Stance	Demonstrate with locomotion in front stance and/or back stance	Demonstrate with locomotion in front stance and/or back stance with 3 technique combinations
	Kicks: (K3) 1. Double Front 2. Double Round 3. 360 Back 4. 360 Back Hook 5. Narabam/Tornado	Demonstrate from sparring stance and with locomotion	Demonstrate skipping/jumping version	Demonstrate regular version with backwards locomotion and reverse jumping (bondai) version
Falling	Take Downs:	Scat 7 with all takedowns	Scat 8 with all takedowns	Scat 9,10 with all takedowns
Fighting	HAPKIDO/SCAT (w/double attack)	Lapel 1,2,3,4,5 7abcd, 17	Sleeve, Collar, Lapel Combos 8abcd, 18	Sleeve, Collar, Lapel Combos 9,10abcd, 19,20
	Gohapdo (metal)	7	8	9,10
	Sparring Sets	19,21,21	22,23,24	25,26,27
	One Step Sparring	7	8	9,10
Flexibility				
Strength	Breaking 4 Boards	180 Back Kick	180 Back Hook Kick	Narabam/Tornado or Fly Side